KHS CELEBRATES BIRTH CENTENARY YEAR OF DR SUSHILA NAYAR

The year 2014 marks the 100th year of Dr Sushila Nayar, the former Central Health Minister, personal physician to Gandhiji, and the founder of Mahatma Gandhi Institute of Medical Sciences, Sevagram. To honor this memorable event, the centenary celebration was held at MGIMS on 26th December 2014 as the eminent Gandhian was born on this day, a hundred years ago. The celebrations began with a humble prayer, an activity very dear to Dr Sushila Nayar's heart, on Kasturba Health Society campus at Sevagram. The Sevagram community-comprising of students, residents, teachers, nurses, paramedics and the staff of the institute attended this prayer. The prayer and the milieu took them down memory lane and brought nostalgic memories in the hearts of many staff members who were fortunate enough to have worked with Dr Sushila Nayar.

Shri Dhiru S Mehta, President Kasturba Health Society welcomed the guest of honor, Smt Shobhana Ranade and the large gathering of staff and students of MGIMS. He shared few glimpses of his close association with the revered Gandhian. He expressed his gratitude to Dr Sushila Nayar for conceiving and nurturing such a distinguished institute in rural healthcare. He also spoke of her fervent enthusiasm and passion for community based rural healthcare.

Padma Bhushan Smt Shobhana Ranade, a veteran Gandhian Social Worker, who had known Dr Sushila Nayar from close angles for several decades was invited to address the audience on this occasion. She gave a memorial lecture on Dr Sushila Nayar in the college auditorium, attended by faculty, students and staff of the institute. She shared with the audience Dr Sushila Nayar's several qualities-passion for making healthcare accessible to rural people, her strong views on growing menace of alcohol in the society, her convictions, determination and courage to fight for what she was morally right and her compassion for patients struck by leprosy. Marking the occasion, she encouraged the students to follow the suit of the torch bearer.

Dr BS Garg, Secretary Kasturba Health Society, also called it a privilege to have worked with Dr Sushila Nayar. He generously thanked everyone who directly or indirectly have helped in making the programme a big success. In addition, a special centenary gallery depicting some of the most defining moments from life of Dr Sushila Nayar was launched on this occasion. These historical photographs, artistically showcased in the Sarojini Naidu Hall helped the younger generation understand the larger than life personality that Dr Sushila Nayar was gifted with.

Kasturba Health Society plans to organize monthly programs and events to commemorate the memories of Dr Sushila Nayar in the coming year.

Earth provides enough to satisfy every man's needs, but not every man's greed. – Mahatma Gandhi
This year, the hospital added a ten-bed intensive coronary care unit (ICCU) on the first floor of Medicine Complex. The hospital has also acquired and installed a Cath lab in the unit. The unit and the lab were fully funded by a Mumbai based philanthropist octogenarian couple in memory of their daughter and son-in-law who died in the 26/11 Mumbai terrorist attack.

Over the last three decades, the number of patients with coronary artery disease has gone up, significantly. Even our hospital admits close to 2000 patients every year, with blocked coronaries, chocked valves and failed hearts. We also care for a large number of outpatients with diabetes and high blood pressure, the disorders that up the risk of coronary artery disease.

Many of these patients need cardiac catheterization. These blockages, if timely detected, and rationally managed, can reduce complications, ward off future heart attacks and cut premature deaths. The test, and subsequent treatment, is expensive. Although every district in Vidarbha now has a Cath lab, and very poor patients can now get free treatment by government funded schemes, a sizable stratum in the society still cannot access angioplasties because they cannot afford the costs.

We hope that our patients needing angiography will benefit from this initiative. We also hope to reduce the frequency of unnecessary angioplasties and maintain evidence based diagnostics and interventions in the unit.

To begin with, cardiologists from Care Hospital, Nagpur shall perform angiographies twice a week- most of them as a day-care procedure. The new angiography suite is equipped with sophisticated technology that produces high resolution images with the lowest dose of radiation possible.

**CHANGE OF GUARD**

The administration of Kasturba Health Society and MGIMS witnessed a change of guard. Dr BS Garg took over as Secretary, Kasturba Health Society. Dr KR Patond took over as Dean, MGIMS from Dr BS Garg on 1st August 2014.

**MGIMS SECURES 17th RANK AMONG TOP MEDICAL SCHOOLS IN THE COUNTRY**

The ‘Outlook’ magazine (7th July 2014 issue) has ranked MGIMS 17th in the list of best medical schools in the country. The Outlook-MRDA (Marketing and Development Research Associates) survey used a combination of objective and perceptual criteria while ranking the medical colleges. However, several unique features of MGIMS like community-based health services, rural postings and community based medical education-did not form a part of the questionnaire and overall assessment.
The sixth National Conference on Health Professions Education (NCHPE 2014) was organized by the Medical Education Unit of MGIMS at Sevagram from 24-27 September 2014. Around 300 teachers belonging to different health professions participated in these proceedings. The theme of the conference was "Socially responsive health professions education: Forging partnerships between academic institutions and the health care delivery system".

Dr Arun Jamkar, Honorable Vice Chancellor of the Maharashtra University of Health Sciences, Nashik was the chief guest at the inaugural ceremony. Speaking on the conference theme, Organizing Chairperson, Dr BS Garg emphasized the need to make the curricula and training more relevant so that the health professionals produced by medical institutes are competent enough to work in rural areas. Organizing Secretary, Dr Anshu said that this conference had succeeding in bringing inter-professional collaboration to the forefront.

Dr Subhash Salunke and Dr Abraham Joseph, keynote speakers talked about the disconnect between the health care delivery system and academic institutions and urged the need to build partnerships between them. Dr Avinash Supe (Dean, Lokmanya Tilak Municipal Medical College, Sion, Mumbai) and Dr Arun Jamkar conducted an interactive session where the reforms suggested by the Medical Council of India in its 'Vision 2015' document were highlighted.

A panel discussion on 'forging partnerships between stakeholders' was moderated by Dr BS Garg on 26th September. Speakers said that the community had immense potential which needed to be channelized using medical colleges as catalysts. Women from self help groups said that with education came economic empowerment which led to improved health indicators.

On 27th September, conference delegates were taken on a field trip to Kasturba Rural Health Training Centre (KHRTC) Anji and Paunar villages. They also had an opportunity to interact with the members of various community based organizations and Women's Self Help Groups. At Paunar, delegates were briefed about the Community Owned Primary Health Care services (Kiran clinic) model of MGIMS.

On 27th September, a Symposium on medical student selection was organized. The unanimous opinion of the house was that "a single step examination using poorly constructed multiple choice questions, cannot and should not decide the future of medical students' careers in this country".

On 27th September, a team from JHPIEGO consisting of Dr Bulbul Sood, Dr Suranjeev Prasad Palipamulla, Dr Bhawna Bakshi, Dr Debatta Parija and Dr Neeta Bhatnagar conducted an interactive session on nursing-midwifery education in India. The need for capacity building of nursing personnel by conducting training workshops and accreditation of nursing schools was emphasized.

104 papers on educational research were submitted to the conference after rigorous peer review. A unique thematic poster session was conducted, where authors presented their educational projects.

The conference was preceded by a meeting of the Directors and Faculty of the FAIMER Regional Institutes on 24th September. On 25th September, nine capacity building workshops were conducted on themes as diverse as community oriented medical education, manuscript writing, simulation in medical education, curriculum planning, teacher appraisal, inter-professional education, engaging learners in large groups, competency based education and reflective practice.

### Academic Updates

- **The Department of Medicine**, MGIMS organized a 2 day "International CME and workshop on CRITICAL CARE" on 25th and 26th December'14 based on the Chinese university, Hongkong course on "Basic assessment and support in intensive care". Dr Saswati Sinha, Consultant critical care, AMRI hospital, Kolkata was the Course director. There were 60 participants from various department.

- **The Department of Obstetrics & Gynaecology**, MGIMS and the Sevagram- Wardha Obstetrics & Gynaecology Society together organised a CME “SAFETY FIRST” on 27th July, 2014. Dr Suchitra Pandit, President FOGSI and her team conducted interesting sessions in the CME.

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You must not lose faith in humanity. Humanity is like an ocean; if a few drops of the ocean are dirty, the ocean does not become dirty. — Mahatma Gandhi
MGIMS, Sevagram is a key partner with Government of India and Government of Maharashtra and is involved in various National Health Programmes related to implementation of Reproductive, Maternal, Newborn, Child and Adolescent Health (RMNCH + A). In order to provide quality maternal and child health services, MGIMS had sent a proposal to Government of India through Govt of Maharashtra for establishing a model MCH wing for comprehensive RMNCH + A services. This proposal has been approved. As per our tradition, the Bhoomi Pujan ceremony of the proposed MCH Wing was held at MGIMS, Sevagram on 7th September 2014 by Shri Dhiru S Mehta, President, KHS in the presence of Dr. Himanshu Bhushan and Dr. Dinesh Banwal, Deputy Commissioners, Maternal Health, Ministry of Health and Family Welfare, Government of India. MGIMS plans to set up 100 bedded MCH wing to cater the health needs of the rural patients visiting this hospital. Dr BS Garg, (Secretary-KHS), Dr KR Patond (Dean-MGIMS), Dr SP Kalantri (Medical Superintendent-Kasturba Hospital), faculty members, staff and students were present on the occasion.

**BHOOMIPOOJAN OF NEW MCH WING HELD**

**MANOHAR DIWAN AWARD CONFERRED ON DR SHUBHADA PANDYA**

At a function organized at MGIMS Sevagram on 21st November 2014, Shri Dhirubhai Mehta, President, KHS bestowed Dr Shubhada Sunilkumar Pandya, Clinician at Foundation for Medical Research, Mumbai and formerly Clinical Neurophysiologist, Bombay Hospital, Mumbai with the prestigious Manohar Diwan Memorial Award in recognition of her devoted and exemplary services in the field of leprosy.

The Manohar Diwan Award is presented once in two years to an Indian doctor, scientist or academician for his/her contribution in the field of leprosy eradication. The award is named after Shri Manohar Diwan who dedicated his life in the service towards leprosy patients until his death in 1980.

**NEWS FROM THE MGIMS ACADEMY OF MEDICAL SCIENCES**

The new team the MGIMS Academy of Medical Sciences for the year 2014-15 was installed on 3rd September 2014. The new team will work under Dr PS Nagpure, Professor and Head, Dept of ENT as President Dr Ajab Dhabarde, Associate Professor, Dept of Ophthalmology as Vice-President and Dr Pravin Khairkar, Professor, Dept of Psychiatry as Secretary. Our congratulations! During the last six months the team has been very active in organizing various academic activities.
ALUMNI COLUMN

BATCH’90 CELEBRATED THE SILVER JUBILEE

It was indeed a matter of pride and honor that silver jubilee of 90 batch coincided with Badi Behenjis birth centenary year. The Silver jubilee was planned on 27th to 29th December 2014. Almost 40 students with their family had come for the reunion gathering. On the morning of 27th December the proceedings started with a Prayer at Badi Bahenji’s samadhi. It was graced by Shri Dhirubhai Mehta, Dr BS Garg, Dr KR Patond, Dr AM Mehandale and others. After breakfast all of the batchmates first went to the rounds of Hostels and the college and hospital. Then they went to Bapu kuti. The Lunch was hosted by Shri Dhirubhai Mehta in honor of the alumni. Here the alumni met their teachers and faculties. In the evening felicitation of teachers was done by the alumni, the function was inaugurated by Shri Dhirubhaiji. In the evening there was a cultural bonanza. All the teachers with their family were invited. Next day morning the batchmates left for Pench in the bus. Following a visit to Pench next day, the old friends parted ways yet

STUDENT’S CORNER

ORIENTATION CAMP 2014

The 46th orientation camp for new MBBS students of 2014 batch was organized in Gandhi Ashram, Sevagram from 1 – 14 August 2014. Being a residential camp, the students imbibed the ethos of the Gandhian way of life from the ashramites and from the guest lecture delivered by many eminent Gandhians. They shared their views about Gandhian ideology with the students and tried to give a new direction to the life of the students. The students were oriented in Gandhian values and their relevance in medical education, Sarvodaya Vichar, the code of conduct of the Institute, nutrition, self- help, spiritual health, nature cure and yoga. Miss Mudita Joshi was selected as the best student of the camp.

SOCIAL SERVICE CAMP HELD AT DHANORA

MGIMS has an old tradition of adopting a village for each batch of medical students. This year 2014 batch medical students the camp was organized at the village Dhanora from PHC Kharangana from 28 September -11 October 2014. Through this camp the students were introduced to the social and health problems faced by the villagers and were apprised of the possible solution to these problems. Various activities included in camp were diet survey, shramdan, school health check-up, ‘Health baby, Conscious Parents’ competition etc. During the camp, demonstration of soakage pit, chlorination of water and smokeless life were organized. Mr Anish Karwande was selected as the best student of the camp.

AWARDS, ACCOLADES AND OUR CONGRATULATIONS

- MGIMS UG team comprising of Urmila Phad, Rajat Sharma and Shyam Medha students of 2011 batch won the Dr.V.N.Chaturvedi Memorial ENT quiz organized by the association of otolaryngologists of India, Vidarbha Branch at MGIMS,Sevagram

- The MGIMS team consisting of Shyam Meda and Ashish kumar (2011 batch) bagged first runner up position in UG level Psychiatry quiz organized by the MGM Medical College and Hospital, Aurangabad. They also won Vidarbha Level Inter college Psychiatry quiz organized by Vidarbha Psychiatric Association & Indian Psychiatric Society, Nagpur.

Freedom is not worth having if it does not include the freedom to make mistakes. — Mahatma Gandhi
OBITUARY

"What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal.”

- Albert Pike.

Dr Manu Liladhar Kothari, Emeritus professor of Anatomy, Seth GS Medical College Mumbai, passed away on 16th October 2014. Dr. Kothari was a member of the Kasturba Health Society. He was author of several books on cancer, genetics and human embryology. Even as a student he demonstrated exceptional qualities that were his hall mark in his professional life. He had in fact written to Dr. Bailey about his clinical observation of a sign in a patient with inflamed hip joint, a sign that the great author acknowledged in the 13th edition of “Demonstrations of Physical signs in Clinical Surgery”. He was a trained surgeon who chose the subject of Anatomy as his calling and was an inspirational teacher and a speaker. He had dedicated his life to understanding cancer and dispelling many myths and misconceptions about this disease. In this regard he was one of the fierce critics of Richard Nixon’s war on cancer programme. In the “Nature of Cancer” a book he authored in 1973, he had argued that a cancer cell is nothing but a normal cell with a cancer genome that has lost its way and does not behave the way it’s expected to. An abridged version of this work was translated into many Indian and foreign languages.

His sudden demise is a great loss to all. We deeply mourn his death. May the Lord bestow his family the strength to bear his loss and may his soul rest in peace!

Dr Raman Sharma, third-year postgraduate resident in medicine at MGIMS (2004 batch), died on September 23, 2014 at Tata Memorial Hospital, Mumbai. After a month-long battle with cancer, and enduring almost every complication an onco surgery could breed, she left for heavenly abode. Her burgeoning career as a medical resident was eroded by a malignant bone tumour that was discovered in August 2014. Surely this was not this 28-year-old girl imagined her life would unfold. She went from a healthy and devout girl - planning to advance her career in the tradition of the distinguished alumni that her department had produced, spending sleepless nights trying to finish her MD thesis and eagerly looking forward to her wedding-to a vulnerable and acute ailing patient. She battled her cancer with an indomitable willpower, remained nonplussed as she quickly came to terms with her cancer, handled terrifying situations and impossible choices with the stoutest resolve, and stood the physical and emotional rigours of an extensive limb salvage surgery at Tata Memorial Hospital with a courage that was exemplary and exceptional. A fortnight later, when she was convalescing from the surgery, disaster exacted revenge on her broken leg. She was readmitted and underwent emergency re-operation at Tata Memorial Hospital, and despite the best surgical and medical care, drifted in the fog of uncertainty, and breathed in an air of desperate, and ultimately false, hope until she sank into a seemingly bottomless chasm and could not climb up again. We will always remember Raman as a lively, vivacious resident and someone who touched the lives of so many of us. The MGIMS fraternity stood by her during the final leg of her journey and offered her family the support that it was desperately eyeing for. Our alumni and faculty at MGIMS exemplified Albert Schweitzer’s famous adage that the purpose of human life is to serve, and to show compassion and the will to help others. Raman came from Bathinda, Punjab. She is survived by her Pawan - her younger brother and an intern - and her parents. You will be missed by the MGIMS family, Raman. Rest in peace.