Kasturba Health Society's

MGIMS Bulletin

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On the occasion of Dr Sushila Nayar's 99th birthday on 26th December 2013 and to mark the beginning of the centenary year, an all religion prayer meeting was held at her Samadhi, which was attended by all staff of KHS family, faculty and students of MGIMS, Kasturba Nursing College and School and teachers and students of Kasturba Vidya Mandir along with President, KHS, Shri Dhirubhai Mehta, Secretary, KHS, Dr(Mrs) P Narang, Dean, MGIMS, Dr BS Garg and Principals of Nursing college, School and Kasturba Vidya Mandir.

Everyone felt blessed and grateful to the great lady for her incomparable contributions in building-up our institutions and giving them a respectable place on the globe.

50th FOUNDATION DAY OF KASTURBA HEALTH SOCIETY CELEBRATED

Kasturba Health Society celebrated its 50th Foundation Day on 12th September 2013. The event was held at Mahatma Gandhi Institute of Medical Sciences, Sevagram. Mr Jayantkumar Banthiya, Chief Secretary, Government of Maharashtra was the chief guest of the programme which was presided over by Shri DhiruS Mehta, President, KHS.

Strive not to be a success, but rather to be of value. – Albert Einstein
Speaking on the occasion, Mr. Jayantkumar Banthia appreciated the good work being done at MGIMS and said that KHS and the District health machineries should work together to realize the objective of providing latest and technologically advanced health care facilities to the rural patients. He acknowledged the fact that KHS is already working tirelessly towards this goal through rural health mission of Mahatma Gandhi. Remembering Dr. Sushila Nayar, he said that it was her mission to provide the best health care to the poorest of the poor. Mr. Banthia further added that the Maharashtra Government wants every citizen should have access to quality health care under National Rural Health Mission. He was impressed with the health insurance scheme of KHS, Hospital Information System, latest facilities and use of latest technologies at the point of care.

Shri Dhiru S Mehta, President, KHS elaborated on the various medical facilities provided by KHS for the patients in rural and remote tribal areas.

The event took place in the presence of Mr. Ajay Bhushan Pandey, Deputy Director, ADHAR Project, Mr. N. Navin Sona, District Collector of Wardha, Mr. Virendra Singh, Director, Information and Technology department, Mr PL Tapdiya, Member, KHS, Dr(Mrs)P Narang, Secretary, KHS, Dr BS Garg, Dean, MGIMS and Dr SP Kalantri, Medical Superintendent, Kasturba Hospital. The function ended with a vote of thanks from Dr (Mrs) P Narang, Secretary, KHS.

**MGIMS SECURES 17th RANK AMONG TOP MEDICAL SCHOOLS IN THE COUNTRY**

The ‘Outlook’ magazine (1st July 2013 issue) has ranked MGIMS 17th in the list of best medical schools in the country for the year 2013. Parameters on which different medical colleges compared were - their selection process, academic excellence, personality development and exposure, infrastructure, PG selection and employment. The Outlook-MRDA (Marketing and Development Research Associates) survey used a combination of objective and perceptual criteria. While a panel of experts ranked colleges based on their experience, students, faculty and recruiters in twelve major cities in the country, several unique features of MGIMS – community-based health services, rural postings and community based medical education- did not form a part of the questionnaire and overall assessment. MGIMS has shown that even in resource-limited settings, a medical school can deliver high-quality education, offer affordable healthcare and generate research that impacts healthcare. Last year we were ranked at 21st position. This year's upmove is certainly a boost for KHS family to work relentlessly and passionately.

**MICROBIOLOGY DEPARTMENT CHOSEN AS REGIONAL REFERENCE LAB BY ICMR**

The Department of Microbiology added another feather in Institute’s cap by being chosen as one of the regional reference laboratories for antimicrobial testing and monitoring under a five year Indian Council of Medical Research funded project – Antimicrobial Resistance Surveillance Network. This project not only involves development but also capacity building of the department.
Dr Vineet Kumar Chadha, Public Health Consultant and Head of Epidemiology and Research Division, National Tuberculosis Institute, Bangalore was bestowed with the prestigious fourteenth Dr PRJ Gangadharam Endowment Awards for the year 2013. The award is given for significant contribution toward the control of tuberculosis. Shri Dhirubhai Mehta, President, KHS conferred the award on him at a function organized at Mahatma Gandhi Institute of Medical Sciences, Sevagram in recognition of his unwavering commitment and contribution in the field of tuberculosis. Dr Vineet Kumar Chadha delivered his award oration on “My journey with epidemiology of Tuberculosis”. Dr (Mrs) P Narang (Secretary, KHS and Convener, Dr PRJ Gangadharam Award Committee), Dr BS Garg (Dean MGIMS) and Dr DK Mendiratta (Prof and Head, Dept of Microbiology and Organizing Secretary) also spoke on the occasion.

**MAHARASHTRA GOVERNMENT ISSUES NEW GUIDELINES FOR POLICE OFFICERS FOR PROBING CASES OF SEXUAL ASSAULT**

Quite often, when probing cases of sexual assault, victims and doctors face legally irrelevant questions from police personnel. These are demeaning and constitute gross violation of human rights. The Maharashtra government recently put an end to this by formulating new guidelines for the police and introducing a questionnaire for such cases.

This move comes as a result of the 67 page study report submitted by Dr. Indrajit Khandekar, Associate Professor in the department of Forensic Medicine at MGIMS Sevagram. In his report he pointed out that absurd, legally irrelevant and unscientific questions asked by the police to rape survivors during forensic medical examination are causing human rights violation. He also highlighted the problems faced by medics by such queries.

His report was submitted to Justice Chandrashekhar Dharmadhikari’s panel, constituted for giving recommendations for prevention of crime against women. The panel recommended to put an end to old archaic practice on the basis of this report. On the panel’s recommendation the government has incorporated new guidelines for police personnel.

**“UPGRADE EMERGENCY MEDICAL SERVICES” – NHRC TELLS CENTRE**

Every year, about 1.5 lakh people are killed in road accidents in India. Most of the victims die primarily due to lack of emergency medical services (EMS) after the mishaps. Not only are ambulances ill-equipped to deal with emergencies, but doctors are also not adequately trained in handling such cases.

These findings were revealed by Dr Indrajit Khandekar, In-charge of the Clinical Forensic Medicine Unit (CFMU) at Mahatma Gandhi Institute of Medical Sciences (MGIMS), Sevagram in his detailed study report, 'Emergency Medical Service in India – a cause of concern' submitted to the National Human Rights Commission (NHRC) who has taken serious cognizance of this report and directed the Union Ministry of Health and Family Welfare to upgrade the Emergency Medical Service in the country. The study claims that India’s Emergency Medical Services, which is provided in the casualty of a hospital, needs much to be desired. It further added that “EMS barely exists in India, resulting in 1,60,000 deaths due to road accidents every year”. This not only claims many young lives but also deprives all affected contd...
of the 'right to life' guaranteed to them vide Article 21 of the Constitution of India. The report suggests including upgradation of existing casualties of all hospitals, mandatory periodic accreditation of casualty, standard operating protocols for handling emergency patients in casualty, recognition of casualty as a specialized department by the Medical Council of India and the appointment of only those doctors and nurses in casualty who are trained in emergency medical care for at least six months. The study has also recommended short and long term measures to overcome the problem that will go a long way in saving precious human lives.

REPORT FROM MELGHAT

As reported earlier, 7.5 acres of land was acquired in Utawali, Melghat by Kasturba Health Society for the purpose of building a medical establishment. We are happy to report that the final plan for building of a multispeciality hospital and residents’ quarters has been finalized. The construction for this project will begin shortly with an estimated budget of about 4 crores. The plan is to have 35 indoor beds initially with fully furnished operation theaters and a multitude of essential and advanced monitors and medical equipment. This facility will continue to grow for the medical needs of the tribals of the Melghat region.

Cleft palate and cleft lip are congenital anomalies which erode the self-confidence of a person because of the cosmetic and vocal problems that they cause. Hence corrective surgery for this problem needs to be performed at the earliest possible age. A specialty camp for this purpose was organized on 3 - 4 December 2013 for adolescent suffering from cleft lip and cleft palate in Melghat. Dr Girish Amlani, Plastic surgeon from Rajkot was invited to Melghat, where he operated on 5 patients, aged between 16-23 years of age. These included two patients who were earlier unsuccessfully operated elsewhere. After the success of this camp and due to the insistence of the locals, a general surgical camp has been planned in 2014.

NEWS FROM HOSPITAL

The government of Maharashtra has initiated Rajiv Gandhi Jeevandayee Arogya Yojana (RGJAY) for improving the access to healthcare for poor patients. This scheme has been implemented throughout the state of Maharashtra in phased manner for a period of 3 years. This scheme would provide 972 surgeries; therapies or procedures along with 121 follow up packages in 30 medical and surgical specialities. Kasturba hospital is proud to be a part of this innovative and progressive project by the Government of Maharashtra. The RGJAY commenced in Kasturba hospital from 22nd Nov 2013.

The old wards of Kasturba Hospital are undergoing renovation. The first of these new renovated wards was handed over to the Department of Gynaecology to cater to their ever increasing work load. This ward has six cubicles with six beds each, a nursing station and two side rooms for various procedures.

The Dermatology OPD has shifted to its new site. The new OPD has 3 self sufficient consultation rooms with examination couch, a procedure room, STD counsellor room, specially clinic, a demonstration room and a patient waiting hall. The waiting space for the patients and their relatives is three times compared to the previous OPD. The OPD is equipped with various instruments such as Electrocautery, Dermabrader, Cryojet, Iontophoresis equipment, Tattoo machine, Dermaroller etc. Expressing great satisfaction on the new OPD, Dr.Sumit Kar, Professor and Head of the department said that "The new OPD is very well organized and the ambience is really good. It is well lighted with plenty of space for the patients. As dermatology is an OPD specialty, the under graduates are exposed to OPD patients which was previously difficult".

Kasturba hospital is on a drive to upgrade its facilities and infrastructure, starting with the inauguration of the new medicine block; this process is in a steady forward march. To cater to the OPD as well as the in patients of the hospital, a new pharmacy has been started at the new entrance to the hospital just adjacent to the registration OPD. As has been the policy of the hospital, the drugs are sold at a heavily discounted price compared to their normal retail price.

NEWS FROM THE MGIMS ACADEMY OF MEDICAL SCIENCES

The new team of the MGIMS Academy of Medical Sciences for the year 2013-14 was installed on 4th September 2013 in the presence of Dr (Mrs) P. Narang, Secretary, KHS, Dr BS Garg, Dean, MGIMS and Dr SP Kalantri, Medical Superintendent, Kasturba Hospital. The new team will work under Dr AT Tayade, Professor and Head, Dept of Radiology as President, Dr SM Rawlani, Associate Professor and Head, Dept of Dentistry as Vice-President and Dr SC Jain, Associate Professor, Dept of Surgery as Secretary. Our congratulations!
ALUMNI COLUMN

1989 BATCH CELEBRATES ITS SILVER JUBILEE

The silver jubilee celebrations of the 1989 batch of MGIMS were held from 21st to 23rd December 2013. This time around, forty three students and their families enthusiastically participated in the event. As this event coincided with the 100th birth anniversary of Badi Behanji, Dr. Sushila Nayar, a prayer was organized in her memory at her Samadhi on 21st December which brought solace to all. This was followed by lunch hosted by Shri Dhirubhai Mehta, President, KHS in honor of the alumni and here the alumni met their teachers and the faculty. In the evening, the alumni felicitated their teachers and the day ended with a gala dinner at Arogyadham, which was hosted by the alumni. A sightseeing tour to Sukli, Mahakali dam was next on the agenda of the alumni and they could not resist visiting Anji, their Rural Health Center, which brought back many fond memories of the days spent as part of their internship. On the night of 22nd December, an informal dinner was arranged at Arogyadham, where old memories were shared and cherished. Following a visit to the Bapu kuti, on 23rd, the old friends parted ways yet again.

PROUD MOMENTS FOR MGIMS

The Central TB Division, Ministry of Health & Family Welfare, Government of India has designated the Department of Microbiology, Bhopal Memorial Hospital and Research Centre, Bhopal, which is headed by Dr Prabha Desikan Trivedi, MGIMS alumnus (1984 batch) as a National Reference Laboratory (NRL) for tuberculosis. This is the 5th NRL for tuberculosis in the country. Our Congratulations to Dr Prabha!

ONE ALUMNUS TO ANOTHER

Dr Jayanthi Shastri, Professor and Head, Dept of Microbiology, Topiwala Nair Medical College, Mumbai, MGIMS alumnus (batch 1977) and President, Maharashtra State Chapter, Indian Association of Medical Microbiologist(2012) hands over the Presidential medal to Brig Ajay Sahni, Prof and Head, Dept of Microbiology, Armed Force Medical College, Pune, MGIMS alumnus (batch 1978) for the year 2013.

Be the change that you want to see in the world. – Mahatma Gandhi
The 45th orientation camp for new MBBS students of 2013 batch was organized in Gandhi Ashram, Sevagram from 16 – 31 July 2013. The camp was inaugurated by Dr Ved Prakash Mishra, Chief Advisor, Datta Meghe Institute of Medical Sciences (Deemed University), Sawangi (Meghe). Being a residential camp, the students imbibed the ethos of the Gandhian way of life from the ashramites and from the guest lecture delivered by many eminent Gandhians like Prof Suresh Sharma, Shri Bharat Mahodaya (Director, Institute of Gandhian studies), Gautambhai Bajaj, Dr Anand Gokani, Dr Avinash Saoji, Dr Ulhas Jajoo, Dr John (Dean, Institute of Gandhian studies). They shared their views about Gandhian ideology with the students and tried to give a new direction to the life of the students. On 31 July 2013, Dr Sandeep Gundare, Director, Students Welfare, MUHS, Nashik was Chief Guest at the Valedictory function. Miss Sadaf Azam was selected as the best student of the camp.

ORIENTATION CAMP 2013

MGIMS has an old tradition of adopting a village for each batch of medical students. For the 2013 batch of medical students the village Selukate was adopted. This year, Social Service Camp was organized from 14-28 October 2013 at the village Selukate. Shri Dhiru S Mehta, President, KHS inaugurated the camp. Mr. Shekhar Channe, CEO, ZP, Wardha was guest of honour while Dr (Mrs) P Narang, Secretary KHS, Dr BS Garg, Dean, MGIMS, and Dr Ashok Mehendale, Prof and Head, Dept. of Community Medicine shared the dais. Through this camp the students were introduced to the social and health problems faced by the villagers and were apprised of the possible solution to these problems. Various activities included in camp were diet survey, shramdan, school health check-up, healthy baby competition etc. During the camp, demonstration of soakage pit, chlorination of water and smokeless life were organized. Health education of villagers at household and community level was also done. This fifteen days camp concluded on 28 October 2013. Shri Bharat Mahoday, Director, Gandhi Vichar Parishad, Wardha was the chief guest. Mr Prathmesh Pathrikar was adjudged 'best student of the camp'.

SOCIAL SERVICE CAMP HELD AT SELUKATE

MGIMS STUDENTS SHINE IN MUHS TOURNAMENTS

Raghvendra Naik and Radhika Chavan (batch 2012) of MGIMS brought laurels to the Institute by performing excellently in the inter-regional basketball competition. The duo have been selected in MUHS’ basketball team for inter-university competition to be held at Jaipur. Mr Gires Bhoware, Sport teacher at MGIMS has also been selected as Team manager of team of MUHS for this Tournament. Karan Singh (batch 2012) made MGIMS proud by excelling in the Inter Zonal Lawn tennis tournament organized by MUHS at Sumatibai Shaha Ayurveda Mahavidyalaya, Hadaspar, Pune.

AWARDS, ACCOLADES AND OUR CONGRATULATIONS

Dr (Mrs) P Narang. Director- Professor, Dept of Microbiology and Secretary, Kasturba Health Society has been elected the National President of the Indian Association of Medical Microbiology for the year 2014. Our congratulations!

Dr SM Rawlani, Associate Professor and Head, Dept of Dentistry authored a book entitled “Oral and Maxillofacial Imaging Techniques”. This book will serve as comprehensive text for undergraduate and postgraduate dental students.

Dr (Mrs) P Narang, Director- Professor, Dept of Microbiology and Secretary, Kasturba Health Society has been elected the National President of the Indian Association of Medical Microbiology for the year 2014. Our congratulations!

Shri Abdul Khalid Mohammad Nur, Driver, College Section passed away following a severe heart attack on 16th October’2013. We deeply mourn his death. May the Lord bestow his family the strength to bear his loss and may his soul rest in peace!

The Editorial Board solicits contributions from all readers in the form of news and views for the Bulletin. Please send them to khssgm@rediffmail.com.